



ITEC



VTCT

UIP4 - Infection Prevention (COVID-19) for Complementary Therapies and Sports Massage

LO5 Understand potential hazards and risks and the workplace procedures necessary to prevent the spread of COVID-19 in the complementary therapies and sports massage environment

The potential hazards and possible risks in relation to COVID-19

Hazards

- Anything that has the potential to cause harm, for example inadequately maintained toilet facilities

Risks

- A chance, high or low, that harm caused by the hazard may occur, for example, cross-infection from poor hygiene controls



Hazards and risks

For example:

- Inadequate or poor COVID-19 staff training
- Staff and client levels
- Client booking/re-booking
- Clinic/practice layout
- Clinically vulnerable staff
- Clinically vulnerable clients
- Client consultation
- Product testers



Hazards and risks

For example:

- Suitability of treatment/service and appropriate PPE
- Hand hygiene
- Working safely throughout the treatment/service
- Management of client throughout the service – PPE, etc.
- Ventilation, for example, avoid the use of fans
- Correct handling and storage of all products, tools and equipment



Hazards and risks

For example:

- Correct decontamination processes appropriate to products, tools, equipment and working areas
- Disposal of waste
- The handling of cash



Safe and hygienic working practices

- Creation of a COVID-19 safe checklist
- Display of risk assessment notification in accordance with COVID-19 secure guidance of the country therein
- Table of services available
- Prevent or limit walk-in clients
- Signage
- Separate entry and exit doors, door opening/closing, control of access
- Temperature checks in accordance with the local and national guidelines of the country therein
- Restrict the number of staff, clients and visitors dependent on the size of the premises and social distancing guidelines of the country therein
- Adequate ventilation



Safe and hygienic working practices

- Indicate social distancing requirements
- Removal of waiting/reception area seating or allocate seating in accordance with social distancing guidelines of the country therein
- Request that clients do not arrive until allotted appointment time
- Request that clients attend the appointment alone where possible (except in the case of a minor and/or disabled person requiring a support worker)
- Request that clients bring minimal personal items into the clinic/practice
- Introduce 'no touch' greeting policy



Safe and hygienic working practices



- Pre-treatment
- Client arrival
- During treatment
- Post treatment
- Decontamination following treatment
- Safe working practices



Treatment adaptations



- COVID-safe working practices
- All treatments must be risk assessed
- Treatment adaptations and requirements for PPE will be informed by risk assessment