

Job Description

Sports Massage Therapist



Job brief

At Lavender Thai Therapy we are experiencing a growing market demand for sports massage. We require a minimum of one Sports Massage Therapist to join our professional team.

This specialist work requires a professional therapist who can use stress-free massage techniques to treat and care for people needing pain management and to recover from sports injury. Our objective is to reduce aches, pains, inflammation and discomfort associated with strenuous physical activity. Our aim is to help enhance sports performance, increase range of motion and prevent injuries.

All our therapists must be customer service oriented and be able to communicate effectively with clients, management, and co-workers. We also expect our therapists to be professional, reliable, and confident. They must have the relevant experience in massage therapy.

Relevant Experience

Your clinical experience must include an ability to manipulate and massage the body with working knowledge of the anatomical regions. Your understanding of the benefits of massage and client well-being should extend to knowing the causes of pain, and how to relieve discomfort, restore function and mobility. We expect your approach to be holistic, assessing the overall health of the client, and treat them accordingly.

Key Duties and Responsibilities

- Communicating with customers to ask questions regarding their health before agreeing soft tissue treatment.
- Consulting with customers to assess their massage needs and preferences and adjusting techniques to meet their individual needs, including chronic pain.
- Delivering localised sports massage, focusing on specific muscle groups that are stressed during athletic activities.
- Informing the customers about the benefits of Sports Massage Therapy.
- Guiding customers through the massage and remedial therapies offered.
- Performing sports massages in specific areas of the body.
- Informing the customers about other massage treatments available.
- Providing customers with post treatment advice, including exercise prescriptions and continuing treatment plans
- Communicating with customers to schedule appointment and sessions.
- A professional and welcoming attitude, putting the needs of the customers first.
- Having active and up to date knowledge of customer requirement and competitors.
- To promptly respond to customer's queries to enhance company reputation.
- To attend training and continuing professional development (CPD) courses.

Qualifications and Skills required

- Aiming towards VTCT Level 3 in Sports Massage
- Ability to develop skill set to help client's reach their end goal
- Minimum of 1 year of experience in Massage techniques
- Excellent customer service and communication skills
- Good written and verbal communication
- A good understand of health and safety and risk assessment
- Attention to detail

Professional Responsibilities

- Be punctual – good time keeping is essential
- A flexible attitude and approach
- Wear our uniform
- Have excellent personal presentation
- Complete room preparation
- Fulfil a share of washing and cleaning
- Help keep the shop tidy
- Ensure a hygienic environment
- Uphold and promote our Brand name
- Do not waste products
- To attend all scheduled staff meetings

Continuing Professional Development

In keeping with the standards set by the Vocational Training Charitable Trust (VTCT), we will provide continuing professional development in the following areas:

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| • Traditional Thai Massage | • Pregnancy Massage |
| • Deep Tissue Massage | • Customer Service |
| • Swedish Massage | • Health and Safety |
| • Hot Stone Massage | |

To further develop CPD, sports massage therapists should become a member of the Sports Massage Association (SMA) and/or the Institute of Sports and Remedial Massage (ISRM).

Salary

Full time health associate professional: £26,000 – £27,000

Hours to be arranged, based on a 37½ hour week.

Work will include weekend and evening shifts.

Professional indemnity insurance provided.

About Lavender Thai Therapy

Amazing Thai Therapy Ltd is a privately owned company trading as Lavender Thai Therapy and is an accredited international VTCT Centre.

Our treatment centre located in Elm Park, East London. Our international training school is in the Nongjok district of Bangkok which is only a short drive from Suvarnabhumi Airport.

We provide an authentic massage experience to our clients. We offer quality service in a clean environment for all our clients, including women as well as couples.

Maintaining our first-class reputation is essential. New therapist must be prepared to adapt to all our business policies and requirements and respect all the rules of the shop.